

# ☞ Experience the Hygeia Difference ☜

## ☞ Different Approach

At Hygeia we believe that health is more than simply the absence of disease. We believe that health is a dynamic state of optimal clarity and energy which needs to be nurtured on a daily basis. Our approach empowers the individual to take control of her own health through the creation of a lifestyle which honors her physical, emotional, spiritual and intellectual needs.

## ☞ Different Scheduling

Appointments are scheduled one at a time so that you have Dr. Jacobs' full attention; she is not moving between multiple exam rooms or seeing other patients while you are dressing or undressing. Appointments are longer giving you and Dr. Jacobs the opportunity to more deeply explore the issues that are affecting your health

## ☞ Different Setting

The physical space at Hygeia is bright, abundant and comfortable reflecting our belief that physical comfort creates space for the work of healing

## ☞ Different Testing

While many standard laboratory tests are used at Hygeia, we approach the results differently. Laboratory results are not used to "diagnose" but rather to determine how well the systems of your body are working together. Often subtle changes in body chemistry indicate a low level of dysfunction which can be altered quite simply with dietary or lifestyle change to improve function and minimize risk of future disease. Additionally, we use many other non-standard tests which allow us to more deeply assess the functional and nutritional status of the body.

## ☞ Different Solutions

At Hygeia we dig deep to get to the root of your health problems. Rather than prescribing medication to treat symptoms, we work to understand the imbalances that cause the symptoms and then dig even deeper to find out what allowed those imbalances to occur. By identifying core imbalances we are able to treat the problem at its root and create solutions that actually help the body to heal.

Hygeia: A Unique Center for Women's Health  
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